

# Yoga & Brunch

with MK Jackson & Amanda Kasper



Treat your group to the perfect wellness morning with a private yoga class followed by a catered brunch.

MK Jackson is a local yoga teacher with more than 12 years of experience. She tailors each class to the needs of your group and can incorporate meditation, vinyasa, yin, and slow flow practices. Whether you have space for an indoor session or would like to practice outdoors at your vacation rental, we'll create an experience that works for your group. You can learn more about MK and her offerings through [Tahoe Yoga Nook](#).

Gathering around a table with dear friends or new acquaintances is one of life's simple joys. Since 2020, Amanda Kasper and her business, [Pinedrop Provisions](#), have been creating delicious, nourishing meals that bring people together. Amanda will work with you to customize your brunch menu, ensuring every guest enjoys a thoughtful and satisfying meal.

Together, MK and Amanda offer a nourishing combination of mindful movement and thoughtfully prepared food, creating a memorable and restorative experience for your gathering.

## Yoga & Brunch Pricing

**\$150 per person**

Includes:

- A 75-minute private yoga class tailored to your group's experience level and preferences
- All yoga props, including mats, blocks, straps, blankets, eye pillows & optional music
- A fresh, seasonal brunch featuring both savory and sweet offerings
- Coffee and tea service

*Perfect for retreats, celebrations, family gatherings, and weekend getaways.*

*Minimum 6 people*